

Pilgrimages deepen faith

A pilgrimage is a spiritual journey to a sacred place, often undertaken with a specific intention. Group pilgrimages can be a profound opportunity to:

- Dedicate time to discerning God's will, especially during times of change, difficulty, or choice of vocation
- Seek the intercession of a saint for a personal need or desire
- Travel toward deeper faith together

Providing youth with strong faith-based experiences is particularly important for their spiritual growth.



About the Ada Schupp Pilgrimage Fund

The Ada Schupp Pilgrimage Fund provides reimbursement of up to \$500 in pilgrimage-related expenses for youth and young adult pilgrimages to the National Shrine of Saint Frances Xavier Cabrini.

Eligibility

- Church youth groups
- School groups from Catholic schools
- Confirmation classes
- Homeschool groups
- Catholic campus ministry organizations

For more information, contact us at admin@cabrinationalshrine.org.

Call us at (773) 360-5115 to arrange your visit

The Shrine is located across the street from Lincoln Park, and within walking distance to Lake Michigan. CTA buses to and from downtown and Union Station stop across the street. There is space for one tour bus and limited garage parking.

The Shrine meeting room can seat 80 and an audio-visual presentation area in the narthex suitable for groups of 20. The Meditation Garden is another space that can be adapted for a variety of uses.

Our Chapel is an architectural gem full of frescoes, mosaics, beautiful statues, incredible Italian stained-glass windows, a major relic of Mother Cabrini and the relics of many other Saints.

Nearby sites to visit

The **Lincoln Park Conservatory** is a botanical garden open year-round Wednesday-Sunday. The **Peggy Notebaert Nature Museum** is open every day to connect children to nature and science. **The Lincoln Park Zoo** is free and is known for its natural habitats and Children's Zoo.



Phone: 773-360-5115
Email: admin@cabrinationalshrine.org
www.cabrinationalshrine.org
Find us on:



Meet the first American citizen Saint

**Make a pilgrimage to the
National Shrine of
Saint Frances Xavier
CABRINI**

*and learn about the inspiring life of
the Patron Saint of Immigrants*





Bring your group to the Cabrini National Shrine

Give them a powerful spiritual experience and the opportunity for peaceful prayer in a sacred space . . . and introduce them to the first American citizen to be canonized as a saint.



Who was Mother Cabrini?

A tiny powerhouse of a saint, Mother Cabrini came to the U.S. in 1889 to tend to the needs of Italian immigrants struggling in deep poverty. Practical, resourceful and above all faithful, she founded 67 schools, hospitals, and orphanages in a mere 34 years. She is the patron saint of immigrants.

A Saint that youth can relate to

Mother Cabrini faced many of the same problems young people have today. She grappled with fear, loss, prejudice, illness, and a society with huge disparities in wealth. Her inspiring life offers you an example of how to pull closer to the Sacred Heart of Jesus in the midst of challenges.

What can you do at the Shrine?

- Find out about Mother Cabrini's inspiring life, mission, and faith
- Learn how the saints can help us find God's plan for our lives
- Discover the role sacred relics play in faith
- Participate in a prayer service your team designs
- Work on grade appropriate worksheets about Mother Cabrini
- Use our conference room and garden for presentations or discussions
- See a replica of the room in which Mother Cabrini died, filled with her actual belongings
- Use the Chapel for Mass and / or Reconciliation